



Christ Lutheran Athletic Code

Athletic Goals for CLS:

- To continue to development of skills related to a particular sport and to help our student athletes reach realistic personal goals related to those skills.
- To provide opportunities for as many student athletes as possible to be involved on our sports teams in a meaningful, God-pleasing way.
- To encourage our student athletes to work hard, using their God-given talents and abilities to His glory both on and off the court or field.
- To learn to accept both victory and defeat with "class" and grace, knowing that they have done their best with the skills they have.

Athletic Responsibilities of CLS:

1. Responsible to God Himself
 - a. We should do everything to His glory, making every effort to live according to His will and plan.
 - b. If you ever question whether something is God-pleasing, it should probably be left undone or unsaid.
2. Responsible to those stated in the 4th Commandment
 - a. We are to respect parents and other authorities, including coaches and referees.
3. Responsible to our teammates
 - a. We are to love our neighbors as ourselves, showing respect to teammates even when they make mistakes, showing respect to our opponents and the facilities where we play or practice.
 - b. We are to be Christ-like in all our dealings with teammates.

Self-Discipline for CLS Athletes:

- I will respect the decisions of those in charge, whether it is in the classroom, the gym, or on the field. Even if I don't agree with them, I will cooperate, to do what is best for the class or team. If problems come up, I will go to the teacher or coach to talk directly to them, rather than gossip and complain to each other or online.
- I will conduct myself as a Christian both in class and in after school activities. I will remember that emotions are not right or wrong in themselves, but it is how we handle them that can make a difference in what we say or do.
- I will not use profane or disrespectful language in school or at any after school activities. Showing disrespect sets up other problems.
- I will make it a point to be on time for both practices and games and will do my best to avoid scheduling appointments during those times. If an appointment must occur, I will be responsible for relaying that information to my coach before the practice starts.
- I will keep my grades up and turn in all my assignments. As a student athlete, I am a student first, and athlete second. I understand that if my grade drops to an "F" in any class, or if I have an overall average below a "C" for all the total classes, I will not be allowed to participate until the grade gets raised. Since corrections will only raise grades up to a point, it is important to do your best on the first try on all assignments and tests.

Leadership:

- I realize that, as an older student at Christ Lutheran, I have some influence on the younger members of my school family. I need to show by my words and actions that I am worthy of their respect and be aware that they may imitate what I say and do.
- As a team member, I believe that my actions on and off the court or field will contribute to the over-all performance of the team. I will be at all practices and games unless physically unable. I will let the coach directly as soon as possible if I must miss a practice or a game.
- I will do everything in my power to create and nurture team unity. If I have problems with other team members, I will follow Matthew 18 and speak to them directly to work those problems out. I will share with the coaches about conflicts that could possibly divide my team members. I will keep from making hurtful comments about clothing, appearance, abilities, or personality, since such comments will tear down our team rather than building it up.

PLACE GOD FIRST, OTHERS SECOND, AND YOURSELF LAST

ATHLETE AND PARENT SIGN AND KEEP AT HOME

As a student athlete, I have read and agree with the Christ Lutheran Code. I realize that its purpose is to help make me a better Christian student and athlete. I also realize that my failure to comply could result in temporary or permanent suspension from the team. I will be cooperative, doing what is best for the team.

Student Name (print): _____ Student Signature: _____

As a parent, I have read and agree with this Christian philosophy and will support it by my words and actions. I will be an example of good Christian sportsmanship for my child, the team, and our school. I will lead by example and be a guide to help my child to grow toward reaching their goals. I will also support the team and school by taking my turn helping at athletic events.

Parent Name (print): _____ Parent Signature: _____

Mom Info: Cell Phone - _____ email - _____

Dad Info: Cell Phone - _____ email - _____

ATHLETE AND PARENT SIGN AND RETURN

As a student athlete, I have read and agree with the Christ Lutheran Code. I realize that its purpose is to help make me a better Christian student and athlete. I also realize that my failure to comply could result in temporary or permanent suspension from the team. I will be cooperative, doing what is best for the team.

Student Name (print): _____ Student Signature: _____

As a parent, I have read and agree with this Christian philosophy and will support it by my words and actions. I will be an example of good Christian sportsmanship for my child, the team, and our school. I will lead by example and be a guide to help my child to grow toward reaching their goals. I will also support the team and school by taking my turn helping at athletic events.

Parent Name (print): _____ Parent Signature: _____

Mom Info: Cell Phone - _____ email - _____

Dad Info: Cell Phone - _____ email - _____